

STAGE ONE LEARNING FROM HOME

WEEK 8

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	English <u>Phonics</u> <ul style="list-style-type: none"> Speed sounds Speed words Heart words Reading Phonics Activity Grid <u>Writing</u> Responding to questioning	English <u>Phonics</u> <ul style="list-style-type: none"> Speed sounds Speed words Heart words Reading Phonics Activity Grid <u>Handwriting</u> Phonics revision	English <u>Phonics</u> <ul style="list-style-type: none"> Speed sounds Speed words Heart words Reading Phonics Activity Grid <u>Writing</u> Responding to questioning	English <u>Phonics</u> <ul style="list-style-type: none"> Speed sounds Speed words Heart words Reading Phonics Activity Grid <u>Handwriting</u> Phonics revision	English <u>Phonics</u> <ul style="list-style-type: none"> Speed sounds Speed words Heart words Reading Phonics Activity Grid <u>Writing</u> Creating a list
Break					
Middle	Maths Maths on the Move	Maths 2D Shapes	Maths Addition	Maths Whole Number	Maths Fun Friday Mathematics
Break					
Afternoon	Choose an activity from the Afternoon Activities Grid at the end of this document	Choose an activity from the Afternoon Activities Grid at the end of this document	Choose an activity from the Afternoon Activities Grid at the end of this document	Choose an activity from the Afternoon Activities Grid at the end of this document	Choose an activity from the Afternoon Activities Grid at the end of this document

For other learning activities please see the Stage One 'Learning at Home' tab on the Dubbo West Public School Website. If you require passwords, please contact your classroom teacher.



Monday

Phonics

SPEED SOUNDS (say these sounds out loud):

j	u	k	x	w
---	---	---	---	---


ll	ss	ff	ck
----	----	----	----

sh	ch	th	ng
----	----	----	----

ai	ay
----	----

Words to sound out and blend (put together). Practise writing them too:

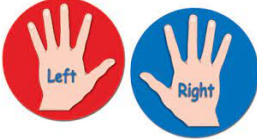

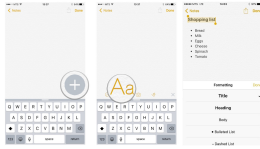




<i>thud</i>	<i>thump</i>	<i>thick</i>	<i>Smith</i>
<i>yeth</i>	<i>Beth</i>	<i>thumb</i>	<i>thank</i>

 Words (read and practise writing): *Thursday* *please* *children*
hospital *doctor*

Sentence/sentences to Read:

*On Thursday, Mrs Smith and the Twins came to visit.
Hello. This is Beth... and this is Seth. The twins ran up
and down the steps. THUD! THUD! THUD! Seth put a
moth in Sam's dish. Beth got on the bench and went
THUMP, THUMP, THUMP with the pans.*

Pick one activity to complete using your speed words and heart words.

<p>Write your words using your left hand then swap and write your words using your right hand.</p> 	<p>Use technology to write your words. Computer, phone or iPad!</p> 	<p>Pick 3 words and use technology to write a sentence for each of your words.</p> 	<p>Draw a picture for each of your words using pencil or technology.</p> 	<p>Write your words in bubble letters and colour them in.</p> 									
<p>Make your words using objects around your house (Lego, playdough, stamps, rocks, sticks, leaves).</p> 	<p>Write each consonant in blue and each vowel (a,e,i,o,u) in red.</p> <p>Thursday</p>	<p>Create a colour pattern by writing your words.</p> <p>Beth, yeth, thud, thunk</p>	<p>Add up your words using scrabble tiles</p>  <p>cat= 3+1+1=5</p>	<p>Play tic tac toe with your words instead of 'o' and 'x'.</p> <table><tr><td>Seth</td><td>Beth</td><td>Seth</td></tr><tr><td>Beth</td><td>Beth</td><td>Beth</td></tr><tr><td></td><td>Seth</td><td>Seth</td></tr></table>	Seth	Beth	Seth	Beth	Beth	Beth		Seth	Seth
Seth	Beth	Seth											
Beth	Beth	Beth											
	Seth	Seth											

Record below or send your classroom teacher a photo on Seesaw, Class Dojo or through the school app.

Writing



Write about why you think these two might have this expression on their face. What do you think this emotion is? Include a drawing to match your writing.

Success criteria

- o I have begun sentences and names with a capital letter
- o My sentences end with a full stop
- o I have reread my work and it makes sense
- o I have neat writing

Extension

Verb: Action words (something you can do)

Underline the verbs in your writing using a colour pencil.

1

How many steps?



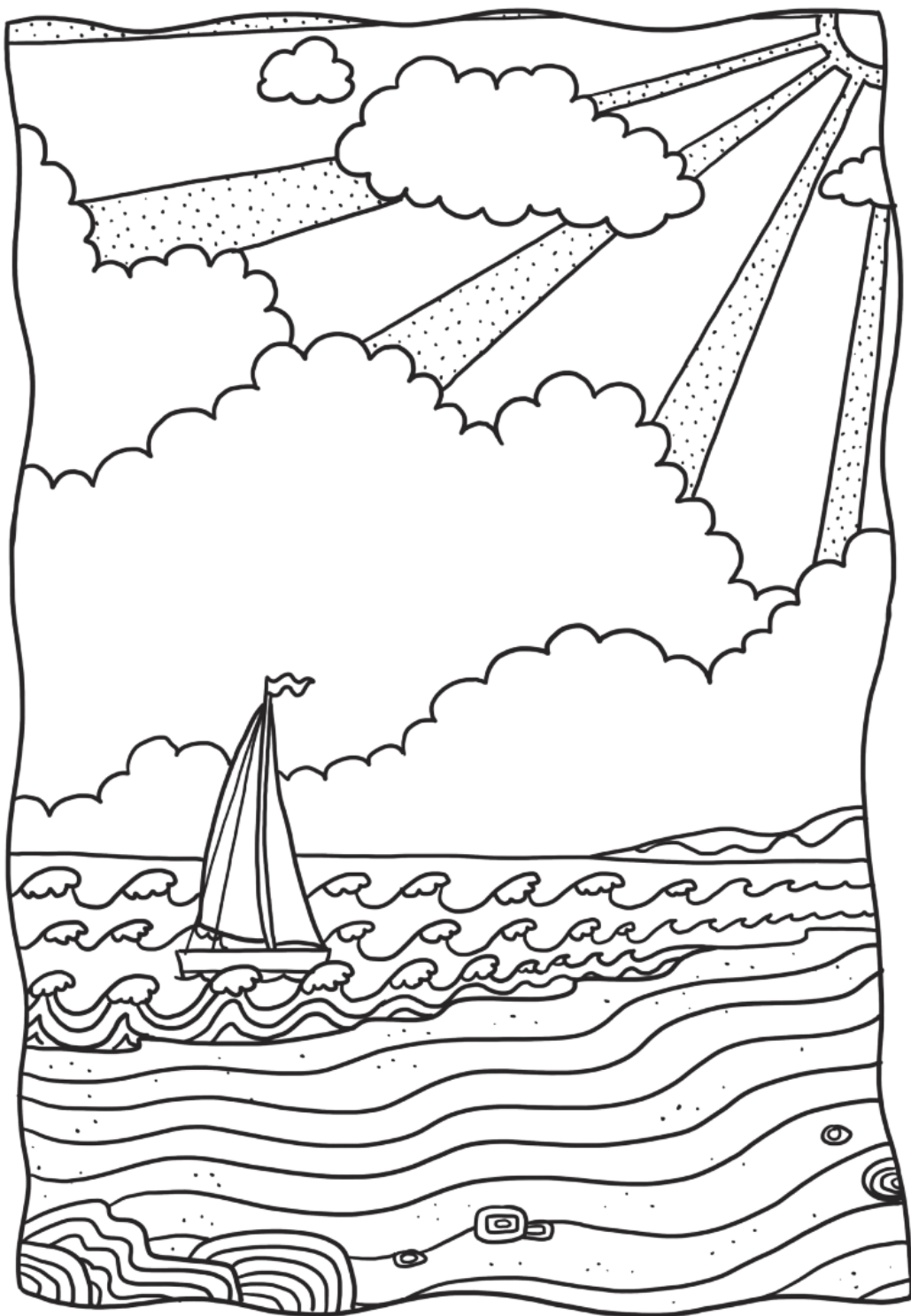
Count how many steps it takes you to get from one side of the room to the other. Which room takes the most steps?

2

In height order

Collect 5 items that you can hold in your hands.

Now order the items from tallest to shortest.



Tuesday

Phonics

SPEED SOUNDS (say these sounds out loud):

j	u	k	x	w
ll	ss	ff	ck	
sh	ch	th	ng	
	ai	ay		

Words to sound out and blend (put together). Practise writing them too:

Seth	thick	that	thank
then	thumb	Smith	thud



Words (read and practise writing):

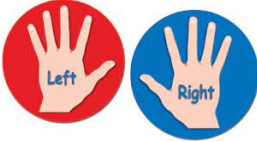


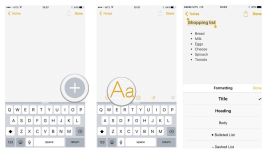




Thursday please children
hospital doctor

Sentence/sentences to Read:

They got hold of Dad's best pot plant and let it drop.
THUNK! Oh, children, stop that please. But the twins
did not stop. Beth put pink lip-stick dots on her chin.
Help! Help! I've got chicken pox!

Phonics

Pick one activity to complete using your speed words and heart words.

<p>Write your words using your left hand then swap and write your words using your right hand.</p> 	<p>Use technology to write your words. Computer, phone or iPad!</p>  	<p>Pick 3 words and use technology to write a sentence for each of your words.</p> 	<p>Draw a picture for each of your words using pencil or technology.</p> 	<p>Write your words in bubble letters and colour them in.</p> 									
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Record below or send your classroom teacher a photo on Seesaw, Class Dojo or through the school app.

Handwriting

Seth thick that thank

then thumb Smith thud

Seth heard a loud thud on his roof.

That book is very thick!

Maths

The candle below is the shape of a cylinder, find and draw cylinder objects from around your house.





Wednesday

Phonics

SPEED SOUNDS (say these sounds out loud):

j	u	k	x	w
ll	ss	ff	ck	
sh	ch	th	ng	
	ai	ay		

Words to sound out and blend (put together). Practise writing them too:

thud	thump	thunk	this
Seth	Beth	moth	then



Words (read and practise writing):

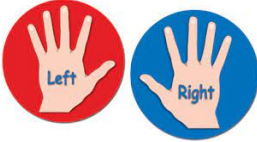


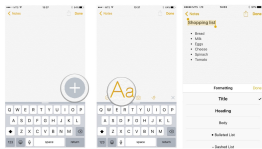




Thursday please children
hospital doctor

Sentence/sentences to Read:

Seth put thick red ketchup on his thumb and said, Help! Help! A possum bit my thumb! A possum bit my thumb! We must stop them. Seth! Beth! Come with us. "This play shed is the hospital," said Pip. "And I am the doctor." "You must have a nap on this soft, thick rug." This is fun!

Phonics

Pick one activity to complete using your speed words and heart words.

<p>Write your words using your left hand then swap and write your words using your right hand.</p> 	<p>Use technology to write your words. Computer, phone or iPad!</p>  	<p>Pick 3 words and use technology to write a sentence for each of your words.</p> 	<p>Draw a picture for each of your words using pencil or technology.</p> 	<p>Write your words in bubble letters and colour them in.</p> 									
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Beth	Beth	Beth											
	Seth	Seth											

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Writing



What do you think these two children might be dreaming about? Include a drawing to match your writing.

Success criteria

- o I have begun sentences and names with a capital letter
 - o My sentences end with a full stop
- o I have reread my work and it makes sense
 - o I have neat writing

Extension

Verb: Action words (something you can do)

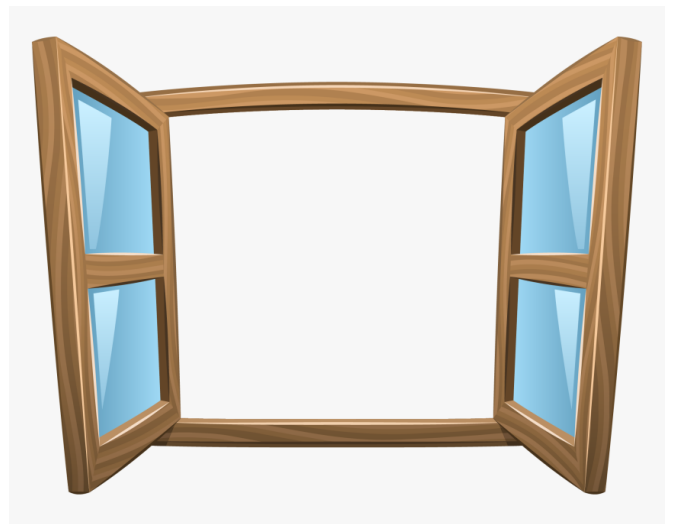
Underline the verbs in your writing using a colour pencil.

Maths

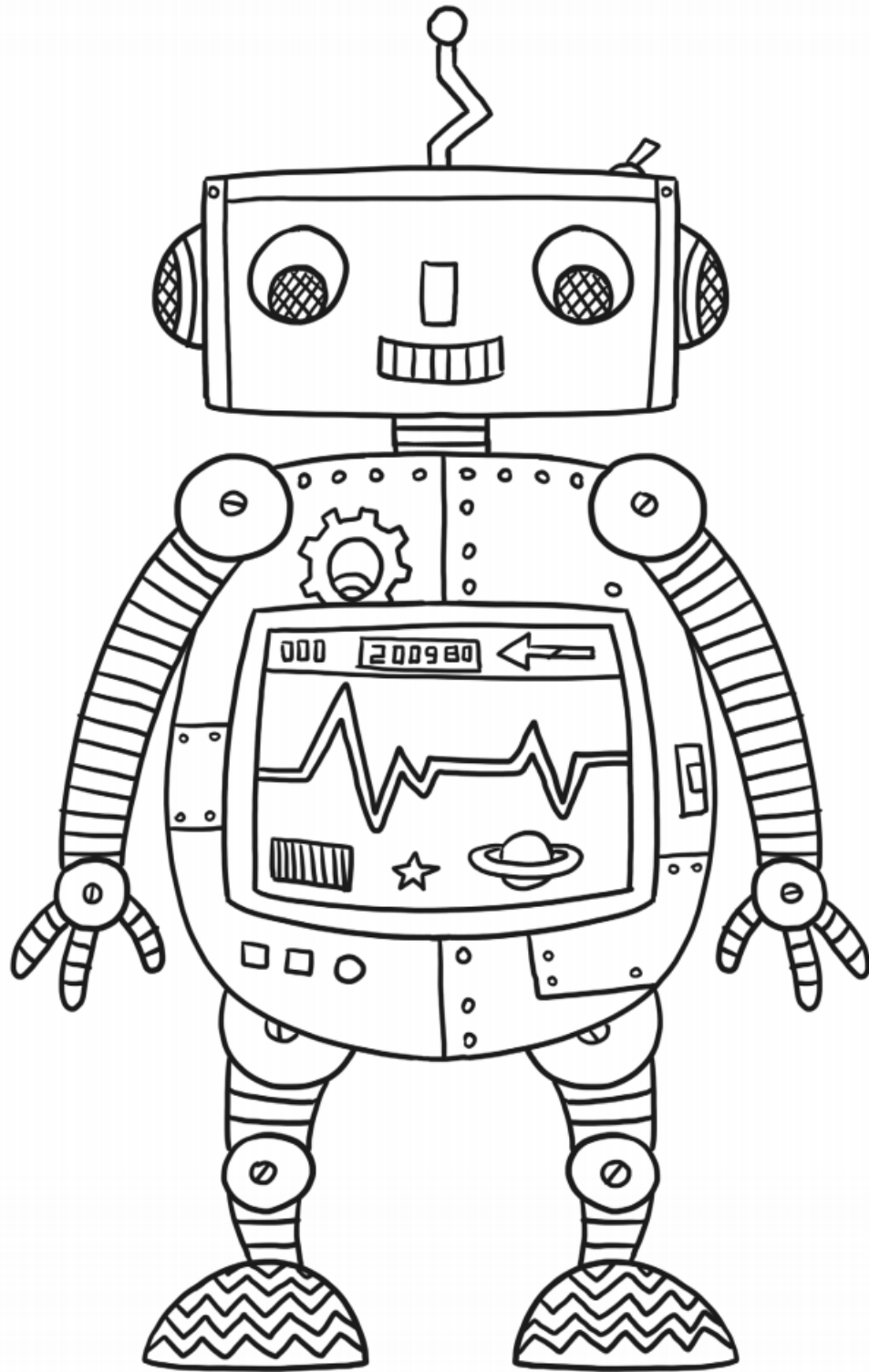
**When you look out the window you can see 8 legs.
Draw what you see.**

Extension: What if there were 36 legs?

Record your thinking on the next page...



Maths



Thursday

Phonics

SPEED SOUNDS (say these sounds out loud):

j	u	k	x	w
---	---	---	---	---

ll	ss	ff	ck
----	----	----	----

sh	ch	th	ng
----	----	----	----

ai	ay
----	----

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yeth	thumb	thick	that
Smith	thank	Seth	then



Words (read and practise writing):

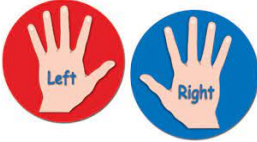


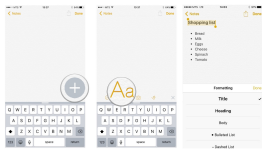




Thursday please children
hospital doctor

Sentence/sentences to Read:

Zzzzzzzzzzz," went Seth. "Zzzzzzzzzzzzz," went Beth. That's fantastic, Tim. I think we did it! Just then, Mrs Smith came in. "Oh, thank you," she said. "the twins have had SO much fun. We will come back next Thursday!" "Yes, yes!" said Beth. "Yeth, yeth!" said Seth. "No, no!" said Pip and Tim.

Phonics

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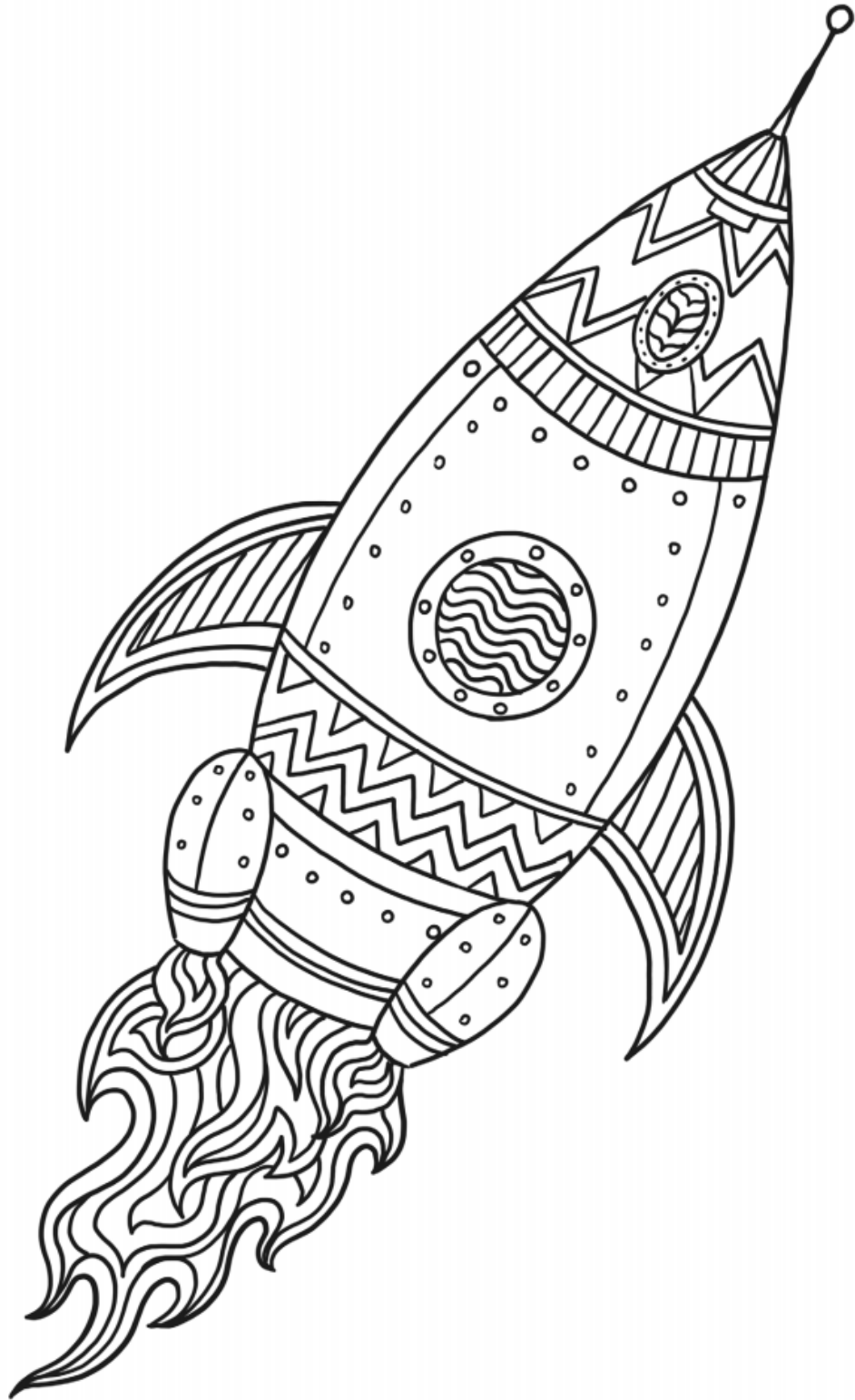
Thank you for the nice card.

My thumb is sore.

Maths

I am thinking of a number. It is greater than 11 but less than 18.
What number could it be?

11 18



Friday

Phonics

SPEED SOUNDS (say these sounds out loud):

j	u	k	x	w
ll	ss	ff	ck	
sh	ch	th	ng	
	ai	ay		

Words to sound out and blend (put together). Practise writing them too:

thud	thump	thick	Smith
yeth	Beth	thumb	thank



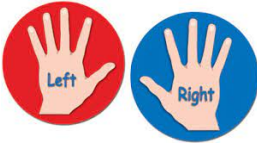

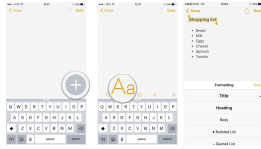


Words (read and practise writing):

Thursday please children
hospital doctor

Sentence/sentences to Read:

On Thursday, Mrs Smith and the Twins came to visit. Hello. This is Beth... and this is Seth. The twins ran up and down the steps. THUD! THUD! THUD! Seth put a moth in Sam's dish. Beth got on the bench and went THUMP, THUMP, THUMP with the pans. They got hold of Dad's best pot plant and let it drop. THUNK! Oh, children, stop that please. But the twins did not stop. Beth put pink lip-stick dots on her chin. Help! Help! I've got chicken pox! Seth put thick red ketchup on his thumb and said, Help! Help! A possum bit my thumb! A possum bit my thumb! We must stop them. Seth! Beth! Come with us. "This play shed is the hospital," said Pip. "And I am the doctor." "You must have a nap on this soft, thick rug." This is fun! Zzzzzzzzzz," went Seth. "Zzzzzzzzzzz," went Beth. That's fantastic, Tim. I think we did it! Just then, Mrs Smith came in. "Oh, thank you," she said. "the twins have had SO much fun. We will come back next Thursday!" "Yes, yes!" said Beth. "Yeth, yeth!" said Seth. "No, no!" said Pip and Tim.

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Beth	Beth	Beth											
	Seth	Seth											

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Writing



List some of the things you would need to do to take care of a pet dog. Draw a picture of one of your dogs or a dog that you like.

Success criteria

- o I have begun sentences and names with a capital letter
 - o My sentences end with a full stop
- o I have reread my work and it makes sense
 - o I have neat writing

Extension

Verb: Action words (something you can do)

Underline the verbs in your writing using a colour pencil.

--

Maths



Fun Friday Mathematics!!!

Choose one of the following milkshakes (or take orders and make one for others in your family too).

Serves: 1

Preparation time: 5 minutes

Method

1. Place all the ingredients into the blender.
2. Mix until smooth (approximately 15 seconds).

Mixed Berries Milkshake

- Milk 200ml
- 1 scoop ice cream (about 60g)
- Berries 100g

Banana Milkshake

- Milk 200ml
- 1 scoop ice cream (about 60g)
- 1 banana

Flavoured Milkshake

- Milk 200ml
- 1 scoop ice cream (about 60g)
- Topping of your choice

Afternoon Activities Grid

Lie down with the bottom of your socked feet touching the wall. Slide your feet up the wall and use them to draw 2D shapes. How many shapes can you draw before putting them down?	Stand in front of a ticking clock. With each tick, alternate touching your head, shoulders, knees and toes. Continue this activity for at least 2 minutes.	Think of a situation in nature where a plant provides shelter for an animal. Draw a picture and explain the interdependence that takes place between the two living things.	Have a family member help you access Google Maps on a computer. Type in your address. Try to locate these places: the closest grocery store, your school, the closest park, any rivers or lakes close by.	Hide an item somewhere in your home. Draw a map leading someone to its location. Give your map to a family member to find the hidden treasure!
Create a large tic-tac-toe board on the floor using coloured tape. Choose random objects around your home to use as game pieces. Play a game or two with a family member.	On a piece of paper, make a family calendar for the current month. Ask each family member for important dates to include on the calendar. Hang it in a location where everyone can see.	Have a family member make an obstacle course inside or outside of your home. How fast can you get through the course? Try it again and see if you can beat your time!	Head outside and lie down in the grass. Look at the clouds in the sky. What do you see? Do you see a cloud that looks like a heart? How about a face? Spend at least 5 minutes finding 'objects' in the sky.	Draw a picture of something that has happened in the past, something that is currently happening, and something you predict will happen in the future.

Fathers Day is this Sunday 5th September!

Complete one of the Fathers Day activities to give to your special someone!

Following in My Daddy's Shoes Father's Day Card

Supplies

- Child's foot, shoe or wellie
- Adult shoe or wellie
- Two different coloured washable paints in large tray
- Sponges
- A3 white or pale coloured card x 2



- 1 Take the A3 card and fold it in half. Then place it ready to be printed on; it needs to be portrait and so that it opens from right to left. The large shoe will be printed first, followed by the smaller shoe.



- 2 Dip some sponge into the paint, then use this to dap the paint onto the sole of the shoe. Then place the shoe carefully onto the card, heel first, then rolling it down to the toe end. Do this at an angle, corner to corner, leave to dry.



- 3 Repeat step 2 with the smaller shoe, wellie or foot. This time print inside the larger print, again heel first then rolling down to the toe.



- 4 You may also like to write the message 'Following in my daddy's shoes' on the card.

'I Love You to the Moon' Father's Day Card

Supplies

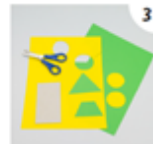
- Blue or black card
- Coloured paper
- Star stickers
- Felt pens
- Scissors
- Stiff card
- Pencil
- Ruler
- Glue stick
- Small photograph
- Speech bubble cut out



- 1 Fold the blue or black card in half to form a card template.



- 2 Now make a slit in the card for the rocket to slide through. To do this, use a pencil and ruler to draw a faint line going from the top to the bottom of the card, about 2cm in from the fold. Then cut along this line, leaving around 2cm at the top and the bottom.



- 3 Now make a rocket using the different coloured paper. To do this, we drew around a rectangle for the main rocket, a triangle for the top, some circles for the window and then cut them out.



- 4 Position the different shapes to make the rocket, then stick them down using glue.



- 5 Cut the photograph into a circle shape, then glue in to place.



- 6 Cut out the phrase 'I love you to the moon and back' and stick it onto the card. Remember to leave space for the rocket.



- 7 Now decorate the main part of the card to create a background for the rocket. We have used a crescent shaped moon and some stars.



- 8 Finally cut a strip of stiff card and glue on to the back of the rocket. Then thread the strip through the slit in the card. You now have a moving rocket on the card!



Craft Instructions

Father's Day Trophy

Supplies

- 2 Paper cups
- Masking tape
- Double Sided Sticky Tape
- Coloured card
- Gold paint
- Scissors
- Foam shapes



- Glitter
- Glue
- Handle Templates



- 1 Using masking tape, join both paper cups bottom to bottom.



- 3 Paint the cups and D shapes in gold paint, then leave to dry.



- 2 Draw and cut out two 'D' shapes from the card to form the handles for the trophy.



- 4 Using double sided sticky tape, attach the handles to either side of the cup.



- 5 Decorate the trophy as desired. You may want to use cut outs from the card and foam.

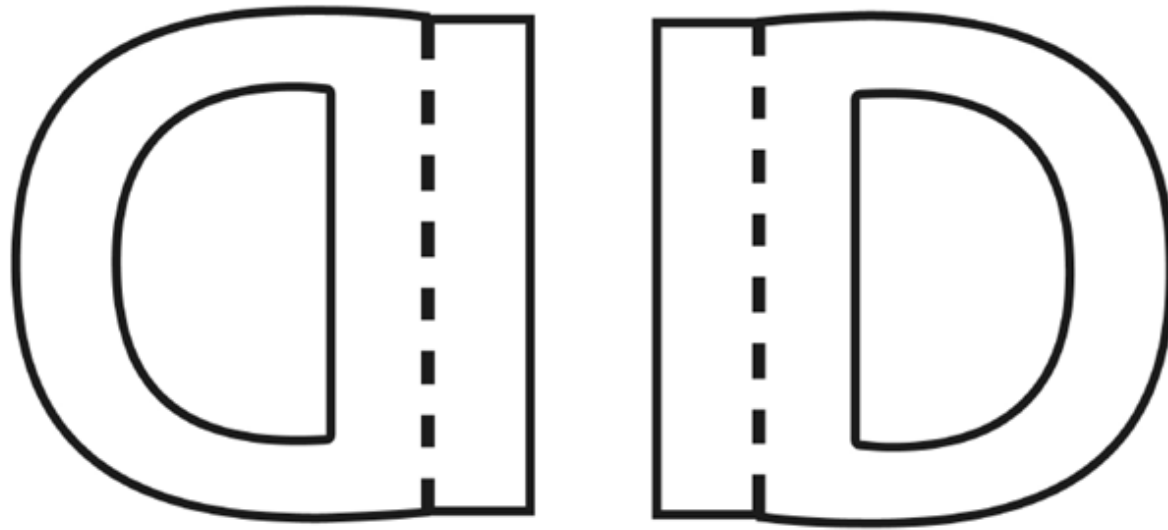


My Father

F _____
A _____
T _____
H _____
E _____
R _____



Fathers Day Trophy Handles Template





Father's Day Bacon and Corn Fritters

Ingredients

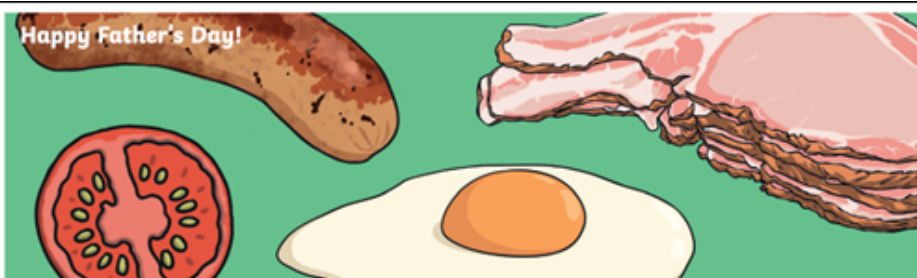
- 1 cup of self-raising flour
- 1 cup whole milk
- 2 eggs
- 2 cups corn kernels
- 1 cup of mozzarella cheese
- 2 bacon rashers
- 2 tbsp olive oil
- Salt and pepper
- A selection of sauces

Equipment

- Wooden spoon
- Large mixing bowl
- Frying pan
- Tongs
- Paper towel
- Plate
- Tablespoon
- Spatula

Method

1. Using a wooden spoon and a large mixing bowl, stir together the flour, milk, eggs, corn and cheese.
2. Place the bacon rashers into a frying pan on medium heat with some of the olive oil.
3. Cook the bacon for 5-8 minutes. Use tongs to turn the bacon over.
4. Take the bacon out of the frying pan and place onto a plate with some paper towels.
5. Pour some more olive oil into the pan.
6. Drop one heaped tablespoon of the fritter batter into the pan. Use the tablespoon to flatten the mixture.
7. Cook the fritter for two minutes so that it's golden brown on one side.
8. Use a spatula to flip the fritter over and cook for another 1-2 minutes.
9. Remove the fritter from the pan when both sides are nicely golden and drain onto some paper towels.
10. Continue steps 6-10 until all the fritter batter has been cooked.
11. Serve with the bacon and a selection of sauces.



Father's Day Big Breakfast Recipe

Ingredients

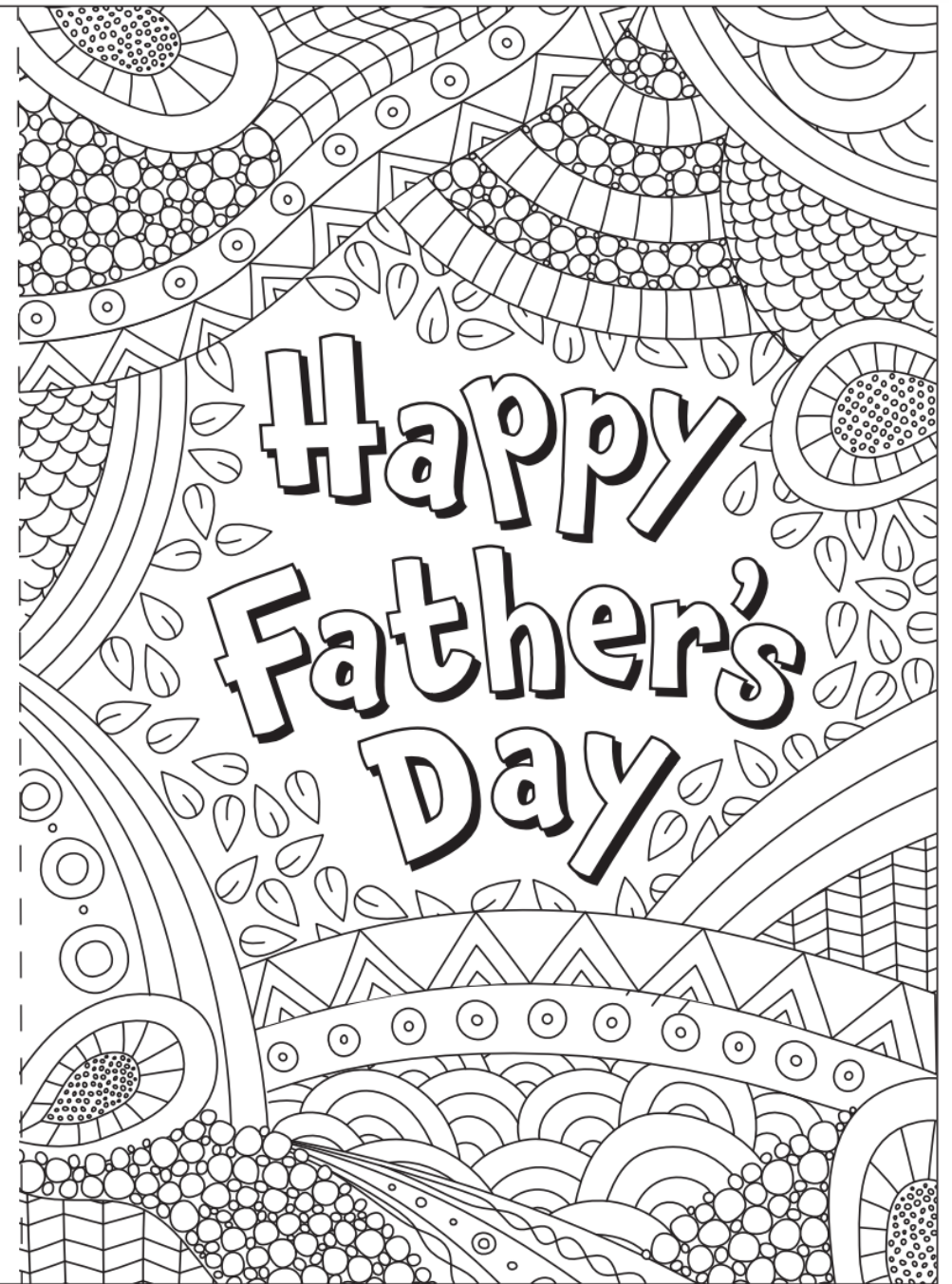
- 2 sausages
- 2 rashers of bacon
- 1 tomato
- 6 mushrooms
- 1 small tin of baked beans
- 2 eggs
- $\frac{1}{2}$ cup of milk
- 2 slices of wholegrain bread
- Butter
- Salt and pepper
- Olive oil spray
- A selection of sauces

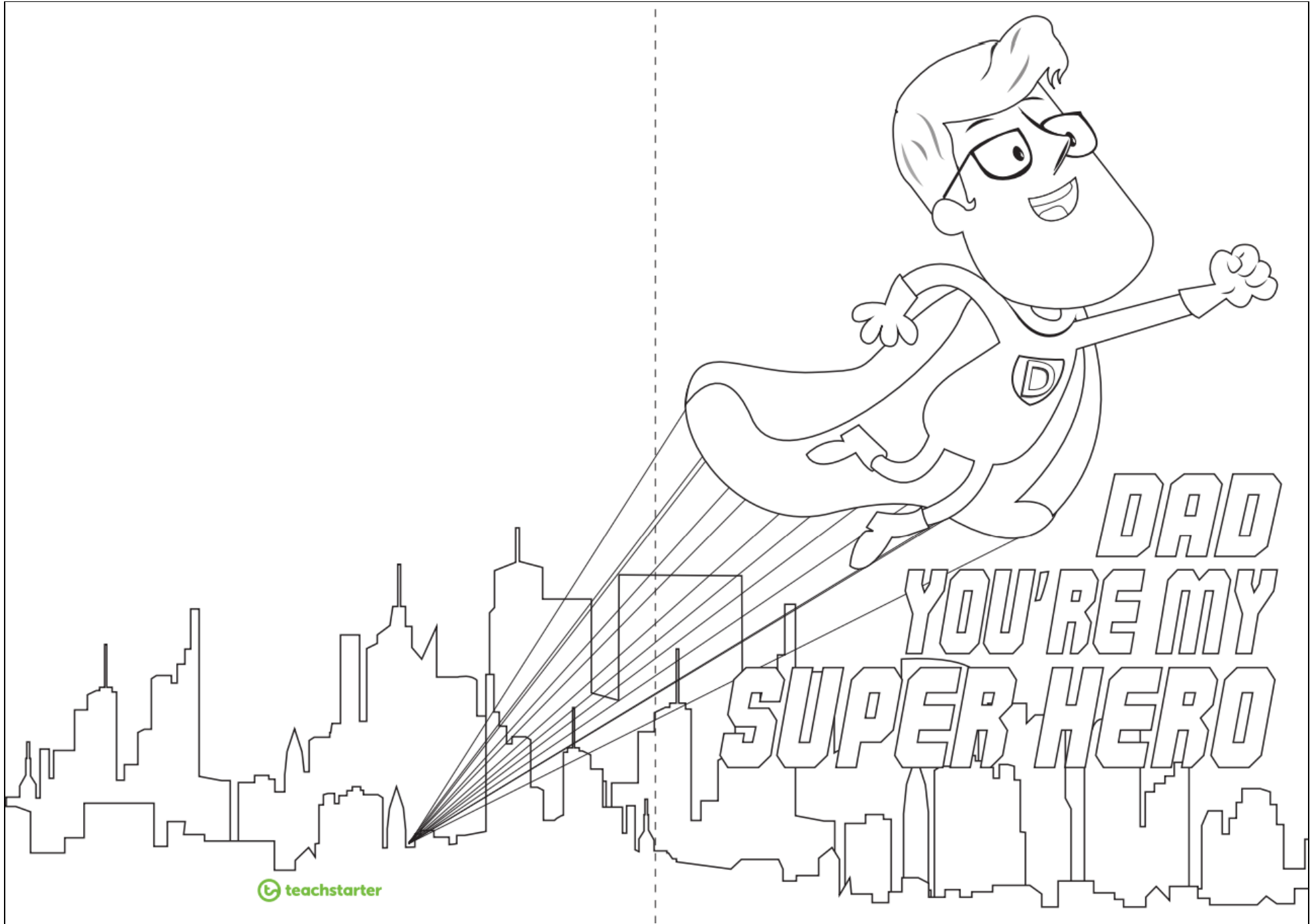
Equipment

- Microwave
- Cling wrap
- Medium frying pan
- Chopping board
- Knife
- Tongs
- Spatula
- Whisk
- 2 bowls
- Toaster
- Plate

Method

1. Use the chopping board and knife to cut the tomato in half and slice up the mushrooms.
2. Spray the frying pan with some olive oil spray and place on the stove.
3. Place the sausages, mushrooms and tomatoes in the pan.
4. When the sausages are almost cooked, add in the bacon.
5. When the ingredients have finished cooking, turn off the heat and use the tongs to place everything onto a serving plate. Keep the serving plate in a warm place.
6. Crack the eggs into a bowl with the milk and salt and pepper.
7. Whisk the ingredients until they are well combined.
8. Place the egg mixture into the frying pan and put it on the stove on a low heat.
9. Use the spatula to gently lift the eggs from the pan as they cook so that they become scrambled.
10. Use the spatula to put the eggs onto the serving plate.
11. Place the two slices of bread into the toaster.
12. Place the baked beans into a bowl, cover with cling wrap and place in the microwave for one minute.
13. Once the bread has been toasted, place this onto the serving plate with the sausages, mushrooms tomato and eggs.
14. Butter the toast using the knife and serve with sauces.





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