



WEST NEWS

Friday 10th September 2021 | Week 9 Term 3

A MESSAGE FROM THE PRINCIPAL

Dear Dubbo West Community

I have absolutely loved the photos coming in of our beautiful students learning from home. To see their beautiful smiling faces and the wonderful work that they've been doing makes my day. Please keep those photos coming through the app. I would particularly like to thank Miss Parsons for putting together our community page and ensuring that the learning from home packs are uploaded each week.

Staff are currently working through various digital platforms to see which is most user friendly for our families as we continue learning from home for the rest of the term. This data from this will be collated and used to guide further sessions.

As we are currently still sitting in Level 4 restrictions, I would like to remind parents that the school is open for the children of essential workers who have no other care available. I would also ask that parents continue to wear masks when dropping off and picking up their children. Please do not proceed past the sign in desk unless absolutely necessary. An executive member of staff will be in attendance in the morning should you need to let the school know anything. Our phones are being monitored off site to restrict the number of people on site as per the guidelines. Please leave a message if you call or message on the app and the most appropriate person will get back to you shortly.

At this stage it appears that students will start to return to school from the 25th October in a graduated return. I will provide more information around what this will look like closer to the date when we have more concrete advice.

I would like to thank each and every one of you for your continued support of our teachers and school. Stay safe and I look forward to the day when we are all able to see each other again.



Regards,

Eileen Day
Principal



IMPORTANT

Please keep an eye on our school app for regular updates and information.

Dubbo Histopath Pathology Drive-through Clinic 	Dubbo Showground Corner of Fitzroy and Wingewarra Street, Dubbo, NSW, 2830	8am-4pm 7 days.	No booking required. For further information, please refer to Histopath Diagnostic Specialists . If you were tested at this clinic and have not received your results after 48 hours, please call (02) 9878 8111.
Dubbo Manera Plaza Walk-in Clinic	Manera Plaza 77 Myall Street, Dubbo, NSW, 2830	8am-4.30pm 7 days.	No booking required.
Dubbo Respiratory Clinic	Dubbo Medical and Allied Health Group 183 Brisbane Street, Dubbo, NSW, 2830 Please call the Nurse on 02 6815 9900 when you arrive at the clinic and remain in your vehicle until called upon for your appointment.	8am-5pm Monday to Friday.	Book online.
Dubbo Showground Pop-up Clinic 	Dubbo Showground Corner Fitzroy and Wingewarra Street, Dubbo, NSW, 2830 Entry through Wingewarra Street	8am-4pm 7 days.	No booking required.

P&C News

Stay strong and connected DWPS.

At present, the physical, mental and emotional wellbeing of our entire community must remain a priority. Each teacher, student and family are experiencing this lockdown differently. Some day's will be better than others. We are all doing this together, for those who are struggling or need support please remember to just reach out.

The school: via your teacher or dubbowest-p.school@det.nsw.edu.au

The P&C: dubbowestpublicschool@pandcaffiliate.org.au

More support: There is support for families doing it tough through local community organisations – Uniting, Dubbo Neighbourhood Centre, NSW Mental Health Team and Headspace to name a few

Although we have always had the greatest respect for our teachers, most of us continue to appreciate our teachers more and more every day! Thank you to the Exec team, office & support staff and all our amazing DWPS teachers for the support you are extending to your classes and our DWPS community.

The NSW Department of Education has published and provided links to some useful parenting resources. 'The essential' tool kit includes a range of resources presented in a variety of different forms - books, websites, podcasts and apps. Some of our parents may find a few useful tips - especially around self-care. The website is <https://education.nsw.gov.au/parents-and-carers/parent-and-carers-toolkit>

Stay staff DWPS Community!

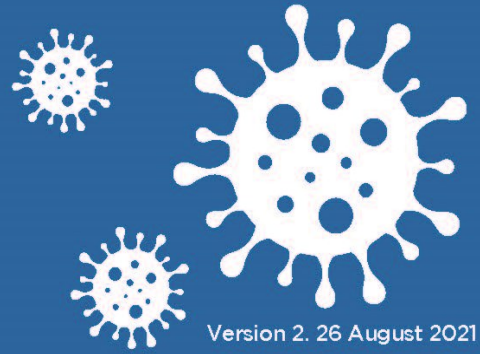
From your P&C

News from the Canteen

Unfortunately, during Level 4 the Canteen is not allowed to operate as normal.

We are in constant communication with the school and will let you know if anything changes.

The Dubbo region is in **lock down** due to COVID-19



Version 2. 26 August 2021



If you have cold or flu like symptoms
get a **FREE** test



Get vaccinated
when and if you can



You must wear a mask

Masks must be worn every time you leave your home, indoors and outdoors.

You do not have to wear a mask if you are exercising outdoors.



Be kind to yourself and others

we are all affected by the current situation in one way or another.



Stay at home orders are in place

ONLY LEAVE HOME:

- to obtain food or other essential goods
- for work if you cannot reasonably work from home
- exercise - stay within 5km of your home
- medical or caring reasons including getting COVID-19 vaccination



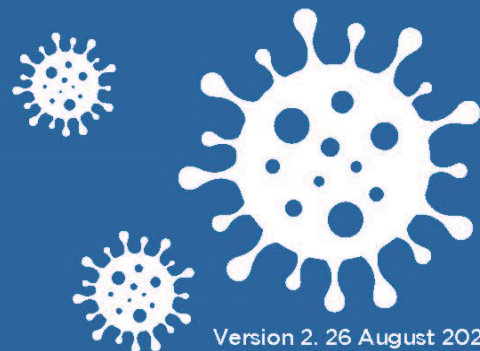
Socially distance

yourself as much as possible



Up to \$5,000 fine
for breaching the public health order

The Dubbo region is in **lock down** due to COVID-19



Version 2. 26 August 2021

COVID-19 testing:

To find out where to get tested, visit: nsw.gov.au/covid-19/health-and-wellbeing/clinics

Drive through testing is available at:

Dubbo Showground – access off Wingewarra St

Wellington Civic Centre, Swift St Wellington
10am - 4pm daily.

If you've been waiting for your result for more than 72 hours call the relevant pathology provider:

Western NSW Health – 1300 066 055

Laverty – No results after 48-72 hours call 13 39 36

Histopath – No results after 24 hours call 9878 8173

PLEASE BE PATIENT AS THESE NUMBERS ARE CURRENTLY RECEIVING HIGH VOLUMES OF CALLS.

COVID-19 vaccination clinics:

For the most up to date information about vaccination clinics, visit: wnswlhd.health.nsw.gov.au/covid-19-information/covid-19-vaccination or phone

Health Direct: 1800 022 222

Dubbo Showground Entry Chelmsford St, Dubbo

Booking required Health Direct: 1800 022 222

Wellington Aboriginal Corporation Health Service

30 Thornton St, Community Health Carpark.

Booking required 6845 5423.

I am a positive or close contact and NSW Health directed me to isolate. I have no way of getting food or essential items.

NSW Health can help, call the contract tracing line: 1800 943 553

I am staying at home, and need help

Uniting Family Connect and Support: 1300 339 016

Essential food and other items delivered contact-free or pick up from 1/80 Gipps Street Dubbo.

Live Better Transport: 1800 580 580

Mon – Fri, 9am – 3pm. COVID safe transport to access vaccination, testing, collection of essential groceries.

Emmanuel Care Centre: 6882 6755

Provides emergency relief in the form of food parcels and EAPA vouchers to assist with utility expenses for individuals and families experiencing disadvantage.

St Vincent de Paul Society NSW: 6882 6972

9.30 – 11.30am, Monday – Thursday

Emergency relief is available for individuals and families experiencing disadvantage. Aid includes food parcels. Referral to appropriate support services is also provided. This service is temporarily limited with varied conditions and social distancing measures in place.

What other services are there available to me at home?

Australian Unity Home care services: 1300 295 749

Dubbo Area Nursing Service: 6885 6407

Live Better Community Transport: 6882 7711

Wellington Multi Service Centre: 6845 3474

Meals and shopping.

Aged Care Access Centre: 1800 94 24 33

Who can I call if someone is not following the rules?

Local police can be contacted via Crime Stoppers:

1800 333 000 or [crimestoppers.com.au](https://www.crimestoppers.com.au)

Information is treated in strict confidence.

Who can I call in a crisis?

In the event of an emergency call 000.

Other agencies include:

Western NSW Local Health Community Mental Health Services

Dubbo: 6881 4000

Wellington: 6845 5500

NSW Mental Health Line: 1800 011 511

Beyond Blue Corona Virus Mental Wellbeing Support Service: 1800 512 348

Lifeline 24 hr crisis hotline: 131 114

Kids Helpline: 1800 551 800

Domestic Violence: 1800 737 732

Staying Home Leaving Violence Dubbo: 6883 1563

Interrelate Family Centre Dubbo: 6815 9650