



WEST NEWS

Friday 22nd October 2021 | Week 3 Term 4

A MESSAGE FROM THE PRINCIPAL

Dear Dubbo West Community,

It has been so good to see our Kindergarten and Year 1 students back on site this week. I have missed their beautiful smiling faces, their enthusiasm and their zest for learning. They have settled back in very quickly and our staff are working hard to make sure that every student adjusts to the next phase of what has been a very unsettled year.

As we move into the next phase of our return to our new normal, as a school we have put in place additional cleaning and sanitising routines for play equipment between cohorts, additional sanitizing routines in classrooms and staggered start, finish and break times to reduce the likelihood of cohorts mixing. Students will be directed to their classrooms when they arrive in the morning and there will be no outside play before school. Students wishing to order their lunch from Monday will do so in their class during roll marking. With our staggered starts and finishes occurring across the whole school from next week, we also ask parents (particularly those of older children, to wait in their car rather than congregating around the gates. We have a very short time frame between release times, so please help us to keep our children safe by adhering to the start and finish times as much as possible and observing covid safe protocols if you are waiting for your children.

I would also like to thank the very dedicated staff for the work they have put in during our period of stay at home orders. They have prepared work and called our students and checked in with families to make sure that everyone was OK. We were able to arrange assistance for some families who were struggling and certainly had a bit of fun and a few laughs with their students. I would also like to thank our fabulous parents who worked with their children (I know that's not always easy) to complete the work that had been set and to those who uploaded photos of what their children had been doing. Those photos made us all smile. The sense of community and support which has come out of this situation has been amazing. Thank you to you all.

I would like to congratulate the P&C and the canteen team for their fabulous article in the P&C news that is distributed state wide. The team have done a fabulous job and are going from strength to strength.

Do you have a child who will be enrolling in Kindergarten in 2022 or 2023? Do you know someone who has not yet enrolled? Our enrolments are open for Kindergarten and Preschool for next year. Spaces are limited, particularly for preschool, so please get your applications in now to ensure your place. Applications for enrolment can be done on line. If you have any difficulties, please don't hesitate to call the office and they will be happy to help you.

On a much lighter note, our Kinder and Year 1 students today trialled our 'Funky Sock Friday'. Some of the socks that we saw were totally amazing and we have included some of these in our newsletter for your entertainment. We are looking forward to this becoming a regular feature at our school. A bit of fun to end our week.

If you have any questions, you are unsure of anything or you have a suggestion, please do not hesitate to contact the school or upload through the app and the appropriate person will get back to you as soon as possible.

Regards,

Eileen Day

Principal

Year Group	Start Date	Start time	Finish time	Preferred entrance/exit
Preschool	18 th October	9.00	3.00	East St Admin gate
Kindergarten	18 th October	9.15	3.15	East St Admin gate
Year 1	18 th October	9.15	3.15	East St COLA gate/North St gate
Year 2	25 th October	9.15	3.15	East St COLA gate/North St gate
Year 3	25 th October	9.05	3.05	East St COLA gate/North St gate
Year 4	25 th October	9.05	3.05	East St COLA gate/North St gate
Year 5	25 th October	8.55	2.55	East St COLA gate/North St gate
Year 6	25 th October	8.55	2.55	East St COLA gate/North St gate



Dubbo West
Public School

Where
Individuals Matter

Enrol Now for Kindergarten 2022

Please phone the school office on 6882 3086 to find out more about enrolling your child at Dubbo West in 2022.

Is your child starting school at
Dubbo West Public School in 2023?

Let us help you get them ready in
2022!



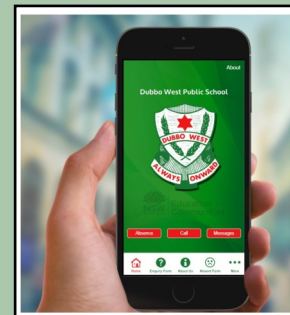
Enrolments now open for Preschool 2022



We offer quality
preschool for
children from
Dubbo West,
Delroy Park and
surrounding areas in
the year
before school.



For more information please call the school on 6882 3086



IMPORTANT

Please keep an eye on our school app for regular updates and information.

P&C News

Thank you to all those that joined us last night at our P&C Meeting. It was so great to meet with Parents and Teachers again in person.

Save the date – our next General Meeting will be held on the 25th of November 2021 at **5pm** in **Westside Hotel**.

If you would like to find out more information about the P&C and the role it plays within the school, please send an enquiry via the app and someone from the P&C will get back to you.



Preschool News



Important Information:

After such a very long time at home it was so exciting to be back at preschool together! Both classes really enjoyed catching up with their friends and teachers.

With the weather warming up the children were also excited to have the water pump back on and ready to use. Please make sure your child has spare clothes, a hat and a water bottle. Spare clothes are very important even if your child doesn't have toileting accidents, we can get wet and messy at preschool!



Learning at Preschool:

Here are some happy snaps from our time back together this week playing with old friends and welcoming new ones!



PI Artists: This week we looked at an artist named Andy Goldsworthy who makes art from nature and then we had a go at making our own:





Dubbo West Public School

East Street, Dubbo 2830

Tel: 6882 3086

Fax: 6884 3439

Email: dubbowest-p.school@det.nsw.edu.au

"Where individuals matter"

Check-in assessment for students in Years 3-6

Dear Parents and Carers,

Our Year 3-6 students will participate in a state-wide online reading and numeracy check-in assessment during Term 4, 2021. The Check-in assessment is a NSW Department of Education online reading and numeracy assessment available to support schools to assess and monitor student learning and progress following the period of learning from home.

Times	Tuesday 26 th October 3-4 M (Kylie) & L (Jarrod)	Wednesday 27 th October 3-4B (Kylie), R(Jarrod) & G (Nikki)
9:15-10:15	Reading	Reading
12:00-1:00	Numeracy	Numeracy

Times	Wednesday 27 th October 5/6P & 5/6H	Thursday 28 th October 5/6M & 5/6B
9:15-10:15	Reading	Reading
12:00-1:00	Numeracy	Numeracy

Catch up testing for students will be Friday 29th October.

• Students with a disability may receive the same level of support during the assessment that they would normally receive in the classroom.

The Check-in assessments will supplement existing school practices to identify how students are performing in literacy and numeracy and to help teachers tailor their teaching more specifically to student needs. Please contact the school office on 6882 3086 if you have any questions regarding the Check-in assessment process.

Kind Regards,

Eileen Day
Principal

News from the Canteen

Please note that the Canteen will be up and running again from the 25th of October – we can't wait to see you all!!

The Canteen will not be open for over the counter orders before school – all over the counter orders will be done with your class teacher in the morning.

Tuesday the 26th of October, the Terrific Tuesday special is... Chicken Tender Wrap Deal

1x serving of canteen-made chicken tender wraps
1x 250ml Water **or** apple juice or orange juice
1x Popcorn **or** Frozen Stick
Choice of Sweet Chilli Sauce or mayonnaise



You can order your Terrific Tuesday Special on the app or with your class teacher in the morning.

Connect locally, learn globally ...

Join the virtual school for rural and remote students

Aurora College is NSW's virtual school for high potential and gifted students in rural and remote government schools.

Our school provides innovative, flexible learning in a whole new context, by allowing students to connect locally and to learn globally.

The 'bright lights' of Aurora learn with their classmates from across the state in timetabled lessons using cutting-edge technologies in a virtual learning environment.

Aurora teachers are highly qualified and experienced subject experts with specialised training in delivering best practice learning and teaching to high potential and gifted students.

Applications for placement in Year 7 in 2023:

- open Tuesday 19 October 2021
- close Wednesday 17 November 2021

For further information, visit www.aurora.nsw.edu.au or phone 1300 287 629.



NSW Education Public Schools

For enrolment information, please visit: <https://aurora.nsw.edu.au/our-school/enrolment-information/>



WHO IS THE PROGRAM FOR?

For students in years 7-11 who demonstrate sporting ability (higher than club or school level) in particular sport/sports.

These students should also demonstrate positive attitudes, motivated work habits and commitment to improvement of their athletic performance. Students will be expected to have a set attendance at all program events and maintain a high level of school behaviour. In 2022 there will be 2 groups selected.

Dubbo College Talented Athlete Program

THE DCTAP ENABLES STUDENTS TO:

- Experience elite sporting environments and events.
- Develop time management and organisational skills in sport and school.
- Enhance their technical and tactical skills within the sporting environment.
- Work with professionals in the areas of nutrition, sports injury and recovery, pilates, exercise and sport science, aquatics, hand eye coordination, strength and conditioning, yoga, running technique, game sense, power for athletes, athletic endurance, balance and stability.
- Access and take part in ongoing flexibility, power, strength, speed and endurance programs.
- Develop own officiating and coaching skills working with students from Dubbo College feeder primary schools.



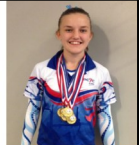
WHO DELIVERS THE PROGRAM?

The program is conducted by industry professionals in their chosen fields and qualified teachers with various areas of expertise. All student members of the program will be also allocated a teacher mentor to help them with their studies, athletic and academic progress.



WHEN IS THE PROGRAM RUN?

The program will be run on either Monday or Wednesday mornings between 7:15am - 8:15am during the school term. Students in Term 1 will undertake comprehensive fitness analysis with Dubbo's Precision Health, take part in two residential day sessions in Term 2 and 3 between 9am - 3pm and visit the AIS in Term 4 for further athletics analysis and elite training perspectives. Successful students will be provided with a full calendar of events at the commencement of Term 1, 2022.



HOW DO STUDENTS APPLY?

Students from Dubbo College South Campus, Dubbo College Delroy Campus and Dubbo College Senior Campus will complete an application form and return it to their College Sport Coordinator by the set date. Students not from Dubbo College must email their application to Craig May or return it to A Block at Dubbo College Senior Campus. The three Dubbo College sport coordinators will then select the candidates for the program depending on suitability.

Dubbo College Talented Athlete Program

COST

The program will be heavily subsidised by Dubbo College. Each student will pay a course fee of \$50, before the course starts. This will cover costs for transport and entry into some venues. There will be an additional cost for the excursion to AIS in Canberra. Students will participate in fundraising activities to help subsidise these costs.



FURTHER INQUIRIES

Craig May (DCTAP coordinator)
Email: craig.may@det.nsw.edu.au
School phone: 0268824655
Mobile: 0478 608 882

FARRER MEMORIAL AGRICULTURAL HIGH SCHOOL

SELECTIVE SCHOOLS REGISTRATION NOW OPEN
19th October - 17th November



Do you have a son in Year 5 who would like to attend Farrer Memorial Agricultural High School in Tamworth in 2023?

If so, you must register him to sit the Selective Schools Test.

Simply go to the Farrer website and follow the Selective Schools link.

DUBBO WEST COOKS UP A WINNING CANTEEN FORMULA

By Catherine Kelly, President, Dubbo West Public School P&C Association

Like many schools, 2020 was a year of three sections, pre-COVID, remote learning and return to a 'normal' life (at least temporarily). Our canteen definitely had three sections to its journey in 2020. Pre-COVID we were a canteen that was open five days a week, serving food to 430 students in a low socio-economic status area in regional NSW. We had two casual staff members, working one at a time in the canteen, no volunteers, and average weekly sales of between \$1,000-\$1,500.

Then COVID hit, schools remained open to essential workers' children and those at risk, but the canteens were closed. This had a huge impact on our community. Not only did our canteen team worry about those children still attending school and not able to buy food, but they themselves were not eligible for JobKeeper during the closure. It was a tough time for everyone and, unfortunately, our P&C Association did not have enough in our bank account to support our staff during this time.

Ready for change

Term 2 started with just as much uncertainty as Term 1 had ended, but it gave us time to review things. When canteens were given the green light to reopen, we met with the team and listened to their concerns, their successes, and their grievances. Concerns included poor or broken equipment, stock that wasn't moving, workload increasing but not enough hands on deck in the canteen, and no personal protective equipment (PPE).

The first thing we did was employ another casual staff member, using a cash flow boost



Dubbo West Public School's newly renovated canteen (main photo) and before the renovation (inset).

All photos supplied by Catherine Kelly, Dubbo West Public School P&C Association

from the Australian Tax Office, and ensured that we also had two people working in the canteen each day it was open. We became a COVID-Safe business, with a COVID-Safe Plan and all our team members completed COVID Awareness Training.

Online ordering

NSW Health advised limiting cash handling, something we thought was nearly impossible to do in our school. But we worked closely with the school's Assistant Principal and added an online app ordering system using Stripe as a payment gateway.

It took some time to enter all the menu line items into the app, but once that initial process was done, it proved to be a low maintenance app. On an average day we receive 35 online orders via the app – these

can be from individual children or families ordering for a number of children.

Successes and failures

Our next change was to introduce weekly specials that were made in the canteen, not pre-ordered frozen foods. This was a huge success and is now known as Terrific' Tuesday Specials. Some of the popular Terrific' Tuesdays' specials include canteen-made macaroni and cheese, sausage rolls and spaghetti bolognese. The specials are a meal deal, which also includes the choice of popcorn or frozen stick and a choice of water or Milo (in winter) or slushie (in summer).

We listened to the children and heard what they wanted in the canteen and trialed some other new things. Some were successful, some really failed, but it allowed us to start our journey to more canteen-made food and meals. Canteen-made jelly was a complete fail – the children didn't like it one bit. Muffins, which we make fresh, and snack packs (popcorn, fruit and water) have been a huge success.

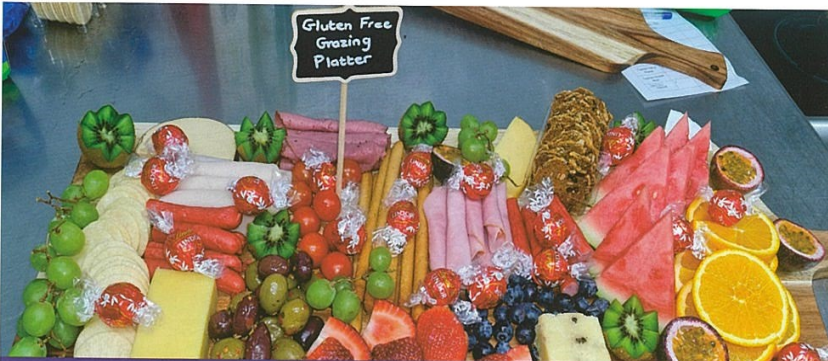
Hard work pays off

The weekly intake grew and grew and by the time week 2 of Term 3 came around we were averaging \$3,000 per week, doubling our previous weekly sales.

Investing in new equipment, giving moral support to the team, introducing a uniform,



The service area in the new canteen (left) and the much smaller space before the renovation (right)



One of the platters prepared by the canteen's chef and staff, who are now catering for functions held at the school, including department meetings, professional development days and carnivals

adding more team members, listening to the children and having a more cohesive relationship with the school was paying off.

We submitted our new menu for review and received Healthy Kids Canteen status on a successful first submission. When coming up with the menu, we looked at what could be made fresh in the canteen instead of pre-

We also trialed a 99% fruit slushie machine, and soon one machine went to two machines with two compartments each. Who knew the answer to life in summer was slushies? Our highest intake week for the year was almost \$4,000. Despite COVID, and the shutdown, our canteen had an intake just shy of \$100,000 for 2020.

A new space

Then, just when we thought that we could settle into our new busy normal, we were thrown a curve-ball. Our canteen had finally made it to the top of the list for a renovation, so we had to become creative again. We moved to the kitchen in the school hall at the beginning of 2021 and still managed to deliver the high levels that had become expected of us. We trimmed down the available menu to just the essentials, as space was limited in the hall kitchen and we had to work with limited equipment too.

We moved into our newly renovated canteen at the beginning of Term 2, 2021. Everything was new, clean, spacious and it set the stage for what the rest of 2021 could offer in our ever-evolving journey. We employed another staff member and now have two permanent, part-time staff members and two casual staff members, including a chef with nine years' industry experience.

We also introduced EFTPOS as another payment option, in addition to our online app ordering and over-the-counter orders. We will be bringing back the staff specials and aiming to have our canteen selling mainly canteen-made food by the middle of 2022.

Term 3 saw our canteen expanding again! This time we decided to give our beautiful chef the opportunity to shine and we now do all the catering for the school and for functions held

at the school, including department meetings, professional development days and carnivals. Before our school was affected by the Term 3 COVID restrictions and lockdown, we catered for five events. We love it and can't wait to once again start hosting functions at the school.

Our canteen staff also attended barista training in Term 3 (pre-COVID restrictions), and we will soon be including coffee on our staff menu.

This is only the beginning of our journey and if we stick to our winning formula of slushies, frozen sticks, and good healthy canteen-made food, anything is possible!



P&C Federation canteen information

P&C Associations operating canteens can form a sub-committee to oversee the day-to-day operations of the canteen, or the P&C Association Office Bearers may oversee canteen operations directly.

If your P&C Association is considering operating a school canteen, you must first discuss it with your P&C Association members and the school principal. There must be a motion passed by a majority to establish the structure of a P&C Association-run canteen. P&C Associations can also vote on whether to employ paid canteen staff, run it with volunteers only, or a mix of both.

For information about operating school canteens, P&C Association Office Bearers can access the manual, *Running A Canteen*, via P&C Federation's Member Portal at <https://membersportal.pandc.org.au/PandCMember>. You can request access to the Member Portal by emailing affiliatesupport@pandc.org.au. If you need more guidance on running a canteen, please contact the P&C Federation team on 1300 885 982.

Our advice for other P&C Association-run canteens is that the canteen is a business, run it like one. Have the volunteers/ canteen staff involved in the business. Let them know financially what is happening as it gives each person ownership. Have a team that works together and wants to be at work for the children

made and purchased. We focused on healthy everyday foods. Only 11 items on our menu were classified as 'occasional' items, with 53 items classified as 'everyday' foods.

We honestly thought we were living our best lives in the canteen; little did we know that Term 4 was going to blow us away. Monday was our quietest day, so we introduced staff specials – meals made off menu for the staff only for just \$5. The chicken wraps were a hit! Chicken Caesar salad and zucchini slice with salad were also popular staff specials on offer. This took off just as successfully as our Terrific Tuesdays.

DWPS Canteen's

**TERRIFIC
TUESDAY!**

26/10

\$5

Chicken Tender Wrap Meal Deal

1 x Canteen-made Chicken Tender Wrap with Sweet Chilli or Mayo
1x 250ml Water or Juice Popper
1x Popcorn or Frozen Stick

Name: _____

Class: _____ Lunch

Drink: Water Apple Juice Orange Juice

Sauce: Sweet Chilli Mayo

Choice: Popcorn Frozen Stick